Hearing Voices Lancaster

Do you hear voices or sounds that others don't hear, have beliefs that others find strange, or have other unusual experiences?

Hearing Voices Lancaster is a safe, supportive and confidential space for people to talk with others who these have experiences.

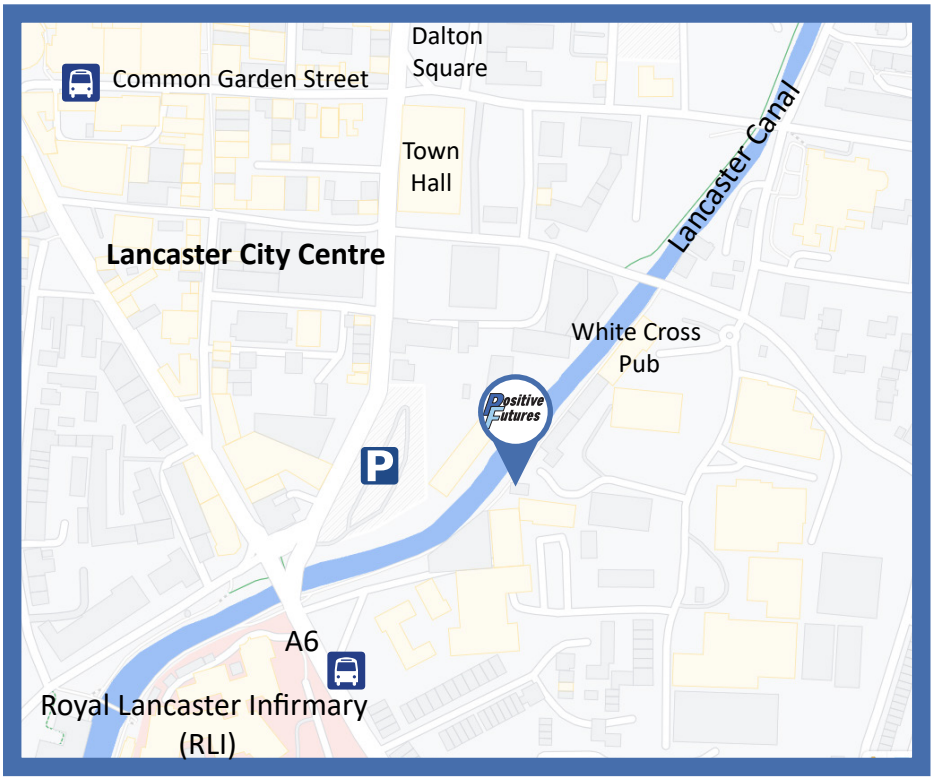
We meet every **Wednesday** afternoon at:
3.15pm
at

Positive Futures

Positive Futures,
White Cross Industrial Estate,
Lancaster
LA1 4XF

No referral needed just turn up or contact Anna at HVLancaster@gmail.com

Where is Positive Futures?



Positive Futures (PF) is on the canal in between the White Cross Pub and the Hospital, on the same side as the White Cross.

PF is next to Cameron House and can be reached from the White Cross estate car park, or by walking along the canal. There is step-free access.

Parking is limited at PF but if you do come by car make sure you give us your registration plate too avoid a fine. The nearest bus stops are Lancaster Infirmary and Common Garden St.

Positive Futures is a welcoming and accessible space for all. If you are struggling to find PF you can call them on 07930 436764 or 01524 587223