

Open Dialogue UK 2016 Conference

Towards openness and democracy in mental health services

Open Dialogue and related approaches in
the UK and internationally

Tuesday 2nd February 2016

9.45am - 4.45pm

The Light at Friends House,
Euston, London



Keynote Speakers

Jaakko Seikkula
Volkmar Aderhold

Presentations

Parachute Project NYC
POD NHS Project
Training and Peer Involvement

Panelists

Jacqui Dillon, Anne Cooke,
Sami Timimi, Sarah Carr, Rachel
Waddingham and others

Conference Fees - Early Bird*/Full Rate

Organisation Rate – £110*/£125 (10% discount for group bookings)

Independent Practitioner Rate – £75*/£85 **Student/Carer Rate** – £30*/£35

Service User/Benefits Rate – £20*/£25

*until 30 Nov 2015 **CPD: 6 hours**

For further details on the conference please visit opendialogueapproach.co.uk

Openness and democracy are key principles in the Open Dialogue approach. Primarily openness refers to the practice of discussing every aspect of the clinical work with individuals and families in their presence, rather than in 'case' meetings elsewhere. Furthermore, when reflecting with colleagues in Open Dialogue meetings, professionals share their thoughts, feelings and associations to the current dialogue/situation openly, and invite their clients to respond to what they have heard. With regards to democracy, everyone's voice is equal in Open Dialogue meetings, and decisions about how to proceed, wherever possible, are arrived at collaboratively. Openness and democracy are considered to be key factors in the successful outcomes that have been documented over the last 15 years, with around 75% of those experiencing psychosis returning to work or study within 2 years of onset, and only around 20% continuing to take antipsychotic medication at 2 year follow-up.

For this conference we have invited leading international Open Dialogue clinicians, developers and researchers to speak about their work. Members of a panel representing a variety of professions and approaches to mental health within the UK will be reflecting on these presentations, the implications for service development and professional practice, and in particular the themes of openness and democracy. In addition we will be exploring questions relating to training in the Open Dialogue approach and the role of peers in meetings.



Jaakko Seikkula, Professor of Psychotherapy, was Chief Psychologist at Keropudas hospital in Tornio, Finland from 1981 to 1998, and was instrumental in the development of the Open Dialogue approach there. He has played a leading role in research into Open Dialogue, and has published numerous papers on the outcome of these studies.



Volkmar Aderhold is a Psychiatrist and Psychotherapist, and is internationally recognised for his contributions to the field of Psychiatry. He has lengthy experience as a clinical director, active researcher, lecturer and publisher. Over the past 8 years he has developed a variety of in-house training programmes for the practice of Open Dialogue for multi-professional teams, often including peers.

ParachuteNYC

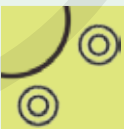
Parachute NYC consists of communi-

ty-based services for people experiencing emotional crises. Funded by \$17.6 million of Obama Care money, mobile crisis teams (using a variation of the Open Dialogue approach), respite centres and crisis lines have been established in 4 New York boroughs. Pablo Sadler (Project Director), Ed Altwies (Psychologist) and Leslie Nelson (Peer Specialist) will be presenting.

How to book

For details on the conference and **to book places** please visit our website (details below).

You will also find more details on our website about the Open Dialogue approach, **training programmes** starting in 2016, **seminars**, and our **work with families**.



In the UK there have been significant developments over the last year with two training programmes established involving eight NHS Trusts, both a full 3 year training in the Open Dialogue approach, and a foundation course (part of the Peer supported Open Dialogue project). Russell Razzaque, Val Jackson and Nick Putman, along with others involved in the development of the approach in the UK, will be presenting.

Contact Details



opendialogueapproach.co.uk



info@opendialogueapproach.co.uk



+44 7467 236290 (Primary)

+44 20 8133 3441