



Hearing Voices & Paranoia Group Facilitation Training

4 Day Training – March/April

Would you like to facilitate a peer support group for people who hear voices, see visions, have unusual beliefs or paranoia?

Lancashire Care's Early Intervention in Psychosis Team is bringing the Hearing Voices Network to your area to establish a network of Hearing Voices/Paranoia Groups.

**31 March, 1 April,
7 April & 8 April**

10.00 - 4.30pm

County Hall

Fishergate, Preston
Lancashire, PR1 8XJ

The Course

Hearing Voices and Paranoia Groups offer people the space to share, and make sense of, their experiences without fear of judgement.

There are over 180 Hearing Voices Groups in the UK, in a range of settings - including charities, user/survivor-led groups, prisons, inpatient units, CAMHS, EIP services, prisons and CMHTs.

This 4 day training course equips you with the knowledge, skills and confidence to set up a new Hearing Voices or Paranoia/Unusual Beliefs Group.

Topics include:

- Understanding voices, visions & 'psychosis'
- Making sense of unusual beliefs/paranoia
- Coping strategies and pathways to recovery
- Rethinking power & empowerment
- Hearing Voices Network ethos
- Planning, launching & establishing safe and effective Hearing Voices Groups
- Practical group facilitation skills

This course is suitable for: anyone intending to facilitate a Hearing Voices or Paranoia Group, whether they have experience gained from personal experience, training and/or profession.

Apply

Please complete the attached application form and return to:

Ruth Bain, Early Intervention Service, Euxton Lodge,
16 Euxton Lane, Chorley PR7 1PS.

Ruth.Bain@lancashirecare.nhs.uk

This course is FREE to staff and service users from Lancashire Early Intervention Service.

We welcome applications from other people & organisations

Non-Lancashire EIS Fees: £350

Non EIS Service users & people with lived experience: Free or subsidised places may be available. **Please enquire.**



CONTACT DETAILS

Name: Phone:

Address:

Role: Organisation:

Email:

APPLICATION DETAILS Please tick the statement(s) that apply to you:

<input type="checkbox"/>	I am interested in co-facilitating an existing Hearing Voices/Paranoia Group	<input type="checkbox"/>	I am interested in setting up a new Hearing Voices or Paranoia Group
<input type="checkbox"/>	I have personal experience of hearing voices/seeing visions/paranoia	<input type="checkbox"/>	I am interested in improving my skills/ understanding but have no current plans to set up a Hearing Voices or Paranoia Group
<input type="checkbox"/>	I can attend all four days of the course (31/03, 1/04, 7/04 & 8/04)		

SUPPORTING STATEMENT Please tell us why you're interested in this course and what you plan to do with it.

COURSE FEE & INVOICING

<input type="checkbox"/>	Lancashire Early Intervention in Psychosis Service (staff and service users) FREE	<input type="checkbox"/>	Others (inc NHS, commercial and voluntary sector) £350
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INVOICE DETAILS: (If you require an invoice, please include the name, address, email & phone number of the person receiving this invoice with your application. If your organisation uses purchase orders, please include the ref no.)

If you have lived experience of voices, visions and/or paranoia and would like to facilitate a group - please contact us if you would like to apply for a free or subsidised place.