



For better
mental health

“A safe space to share
taboo experiences”

CHESTER HEARING VOICES

Chester Hearing Voices is a support group run for voice hearers by voice hearers. If you are a voice hearer or experience other unusual sensations and are interested in joining us please drop into one of our regular meetings.

Where: Mind in Chester, 10 White Frairs, Chester CH1 1NZ

When: Every Thursday 3-5pm

For more details please contact: Damian: 07598 649 849 / Dave: 07807 460 053

Mind in Chester

01244 343489

www.mindinchester.org.uk