



Voices Matter



Would you like meet others who hear voices and explore your experiences in a safe and supportive way?

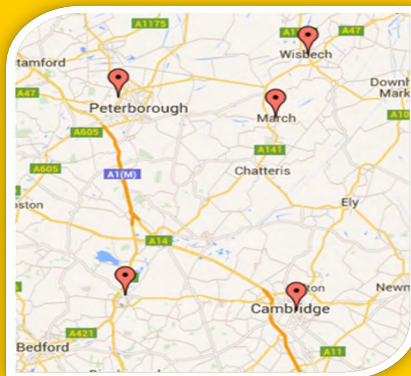
The Voices Matter Groups offer you the opportunity to:

- Meet people with similar experiences
- Challenge social norms
- Share experience, receive support and empathy
- Value your contributions
- Accept that voices and visions are real experiences
- Respect each member as an expert

As part of the regional Cambridgeshire and Peterborough Hearing Voices Network we are launching new Hearing Voices Groups (HVGs). The groups will be based countywide at the following locations:

Peterborough
Peterborough and
Fenland Mind 01733 530550

St Neots
Mind in Cambridgeshire
01480 470480



Wisbech
Peterborough and
Fenland Mind 01733 530550

March
Peterborough and
Fenland Mind 01733 530550

Cambridge
Life Craft 01223 566957

For more information, call on or email.....

