

Opening Presentation: Jacqui Dillon



Hearing Voices Network
for people who hear voices, see visions or have other unusual perceptions.

A FREE Hearing Voices Network event

time for (real) change?

Is it time for a revolution in mental health & society?

Jacqui Dillon
Hearing Voices Network
National Chair, England

The Hearing Voices Approach

- In 2012 we celebrated the 25th anniversary of the Global Hearing Voices Movement
- Inspired by the pioneering work of Professor Marius Romme & Dr Sandra Escher and Patsy Hage
- Voices make sense when looking at the traumatic circumstances in life that provoked them
- Contests the traditional psychiatric relationship of dominant-expert clinician and passive-recipient patient
- Based on mutually respectful relationships – authentic partnerships between experts by experience and experts by profession, working together to bring about the emancipation of voice hearers
- Views voice-hearing as a significant and meaningful human experience
- Acceptance of Diverse Explanations
- Normalising & Hopeful Approaches
- Value and Importance of Peer Support



Hearing Voices Network
for people who hear voices, see visions or have other unusual perceptions.

- Information
- Self- help groups
- Publications
- Newsletter
- Training
- Conferences & Events
- Individual & Group Membership
- Website
- Research
- Media
- Intervoice

International Developments



- Australia,
- Austria,
- Belgium,
- Brazil,
- Bosnia,
- Canada,
- Denmark,
- England,
- Finland,
- France,
- Germany,
- Greece,
- Holland,
- Ireland,
- Italy,
- Japan,
- Kenya,
- Malaysia,
- New Zealand,
- Norway,
- Palestine,
- Scotland,
- South Africa,
- Spain,
- Sweden,
- Switzerland,
- Tanzania,
- Uganda,
- USA,
- Wales....

Join Us – Become a Member

Membership of the Hearing Voices Network means that you will receive a newsletter four times a year, you will be notified of events, conferences, meetings etc. We will also support and help anyone wishing to start a new group.

Membership Prices (for 1 calendar year)

Individual	Fee	Organisation	Fee
Waged	£15	Organisation	£40
Unwaged	£10	Funded Group	£40
People in Secure Settings	£5	Self-Funded Group	£20

Sign up Today!

Extra Information

Refreshments:

- We are providing tea, coffee and biscuits at break times and welcome any donation you can make towards the costs. As this is a free event and we an unfunded charity, we are unable to provide lunch. However, there are many cafes in the area. Ask a volunteer if you are not sure where to go.

Marketplace:

- If you have some flyers or information you would like to share with attendees, you are welcome to display these downstairs in our 'marketplace'. Just ask a volunteer to help you find a space for them.

Post-conference report:

- We will send a report to all attendees that we encourage you to share far and wide to bring more people in to these conversations. As well as providing an overview of discussions and workshops, as well as any agreed actions, we would like this report to be a collaboration with those who took part. If you would like to contribute some brief reflections about your experience of the day, please email it to info@hearing-voices.org

Need any help:

- If you want to speak to someone from HVN, ask any questions or want to check something out - please seek out a volunteer (you will find them around the venue helping show people the way, or on the HVN Information Desk during breaks).

Safe Space:

- If you need somewhere quiet to relax during the day one of the 'Action Rooms' will be set aside for this purpose. We ask that all attendees are mindful of the diversity of views people bring to the day and treat one another with kindness and respect.