

North East Consultation Event

Are you involved in a Hearing Voices Group in the North East of England, or would you like to be?

Are you interested in finding out more about the work the Hearing Voices Network is currently doing in the North East and help us to plan future developments?

The Hearing Voices Network is a national charity in England, which works to promote acceptance and understanding of Hearing Voices. One of the main ways we support people is through setting up and supporting Hearing Voices Groups.

Hearing Voices Groups offer a safe place for people to feel accepted and comfortable sharing their experiences of voices, visions, tactile sensations and other unusual experiences and perceptions. People meet together to help and support each other, to exchange information, and to learn from one another. Groups also offer an opportunity for people to accept and "live with voices" in a way that enables them to regain some control over their lives.

In England there are more than 180 groups, yet there are several areas where there are few or no groups, including the North East. This meeting will be an opportunity to think about how we can work together to make support more widely available, for people who hear voices. If you hear voices, support somebody who hears voices or work with people who hear voices. we would love to hear vour views!

Please come along to a meeting on: Friday 30th November 2012 from 12 – 4pm at:

The Regency Suite
The Assembly Rooms
Fenkle Street
Newcastle upon Tyne
Tyne & Wear, NE1 5XU

Spaces are limited, so to book a place, please call: Jacqui Dillon 07951 635 033 or Email: <u>Jacquidillon333@aol.com</u>



Organised in partnership with Middlesbrough & Stockton Mind