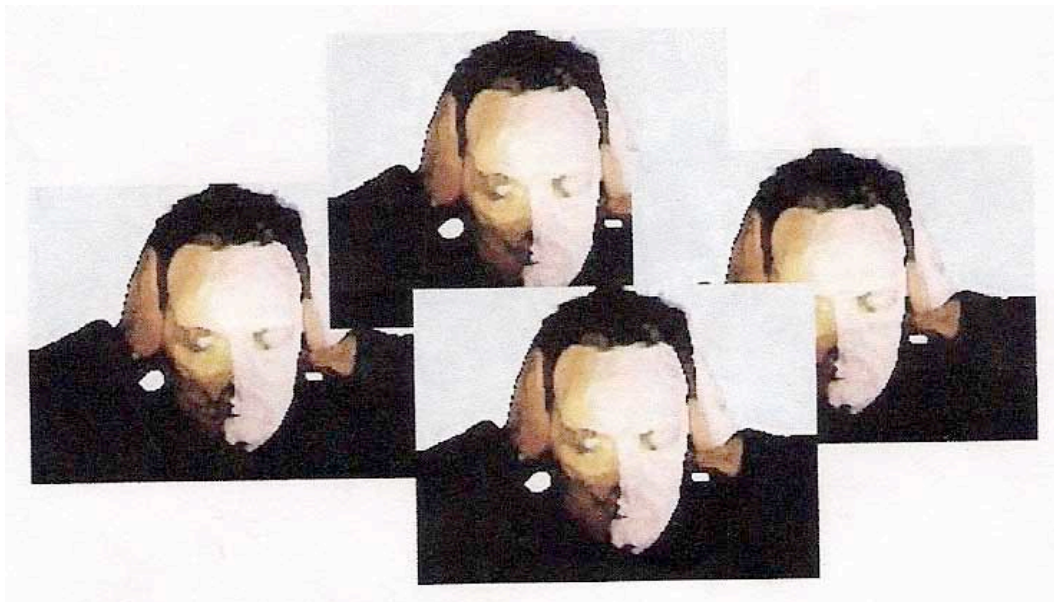




Do you support a family member or friend who hears voices?



- Would you like to meet others with similar experiences?
- Share thoughts and experiences in a supportive, confidential, environment
- Learn more about Voice Hearing

The **Hearing Voices Family & Friends Group** meets on the 2nd Wednesday of the month, 1 – 3pm at The Mind Centre, 90 – 92 Lothian Road, Middlesbrough, TS4 2QX

For more information please call Heather Watson, Senior Carers Support Worker **Middlesbrough Mind** on 01642 257020 or feel free to drop in for talk and tea. All welcome.