

HVN's List of Hearing Voices Groups

The Hearing Voices Network is made up of over 180 groups, below are some of them. If you are interested in attending a Hearing Voices Self Help/Support, look below and see if there is a group in your area. If there are none listed, contact our office. We may have some more up to date information, or be able to support you in setting up a group yourself.

For more info, contact: Hearing Voices Network (HVN), c/o Sheffield Hearing Voices Network, Limbrick Day Service, Limbrick Road, Sheffield, S6 2PE. Tel: 0114 271 8210, Email: nhvn@hotmail.co.uk

England: North East, North West, East Midlands, West Midlands, East, South East, London, South West

North East

Lincolnshire:

Grimsby: (Dove Hearing Voices Group) www.beehive.thisisgrimsby.co.uk

County Durham:

Hartlepool: Sue Holder, Tel: 01429 866001

Northumberland:

Morpeth: Tel: 01670 510652, 01670 510652: email: contact@contactmorpeth.org.uk www.contactmorpeth.org

Yorkshire

Bradford: Rufus May: 01274 322444, 07984 480224

Leeds: David Beck Tel: (0113) 259-0569, mobile: (07886) 774362, email: info@hvgl.co.uk , website: www.hvgl.org.uk

Sheffield: Peter Bullimore: Tel 0114 271 8210, Email: peterbullimore@yahoo.co.uk

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North West

Cumbria

Barrow in Furness; Julie Sanders, Vicky Rae; Tel 01229 432642/01229 430333 Email; Peter.Batty@haveringpct.nhs.uk

Carlisle: John Soady; Tel; 01228 591667: Email; cumbiahv@yahoo.co.uk

Lancashire:

Chorley: Tel: 01257 260714

Blackburn: Tel: 01254 296062

Greater Manchester:

Bury: Telephone: 0161 253 6556

Manchester: Kate Crawford, Tel: 0114 271 8210

Middleton: Tel: 0845 122 8641

Rochdale: Telephone: 0845 122 8641

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East Midlands

Derbyshire

Chesterfield: Nigel Wing, Telephone: 01558 491604

Derby: Telephone: 01558 491604, website: www.southernderbyshire.nhs.uk

Ripley– Amber Valley Group: Sharon James, Telephone: 01773 513508 / 01773 513196, Email: thecroft@rethink.org

Leicestershire:

Leicester: Fridays, 2-4pm, Tel: 0116 225 6845, Email: chris.stowers@leicspart.nhs.uk

Nottinghamshire:

New Ollerton: Crystal, Tel: 07907499206

Long Eaton: Nigel Wing, Tel: 0155 8491604

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West Midlands : No details at present

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East

Bedfordshire

Bedford: Jackie Mugridge, Telephone: 01234 310044/ 01234 310043, Email: DayResource.Centre@plpt.nhs.uk

Essex

Basildon Hearing Voices Group:

Suffolk

Lowestoft: Sally Breach, Tel: 01502 531 789/ 01502 531789 email:
riverside@fwaprojects.org.uk

Norfolk:

Norwich: Tel: 01603 418284 (24hr answerphone)

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South East

Sussex

Sussex Hearing Voices: www.sussexvoice.org.uk Email;
sara.meddings@sussexvoice.org

Eastbourne: Julie Stapley, Tel: 01323 446059 or 0779 504 4463, website:
www.sussexvoice.org.uk

Hailsham: Sara Meddings, Tel: 01323 440022

Hastings: Andy Stubbs, Tel: 01424 448860, Frances Cunningham, 01242
710138, Claire Tredgett: 01424 710050

Lewes: Louise Blake: Tel: 077857 16955, Sue Buckland: 01273 585750,
www.sussexvoice.org.uk,

Worthing: Dorothy Cooper/James Peters, Tel: 01903 843390
www.sussexvoice.org.uk

Surrey

Guildford: Alison Tully / Rachel Brennan, Tel: 01483 443586 Email:
rbrennan@sabp.nhs.uk

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London:

For up to date info on groups in the London area, contact the London
Hearing Voices Groups Project (LHVN@mindincamden.org.uk)

**NEW: Voice Collective group for young people (aged 12-18) who hear,
see or sense things other people don't. Check out
www.voicecollective.co.uk for updated group details.**

Barking & Dagenham: Dee Sleet, Tel: 020 8276 7870

Hearing Voices Network: List of Groups

Bexley: Anthony Theuninck, John Exell, Tel: 01322 356 141, Email: Anthony.Theuninck@oxleas.nhs.uk

Bromley: Graham White, Rea Lawton, Stewart Tight: Telephone; 0208 466 2507 / 0208 650 9540, Email: stewarttight@hotmail.com

Camden: Mind in Camden Hearing Voices Group (Camden Town, Tuesdays), Contact: Jeremy, Ksenija or Tajinder (020 7911 0822, admin@mindincamden.org.uk)

Camden: Mind in Camden BME Hearing Voices Group (Camden Town, Fridays), Contact: Tajinder (020 7911, traï@mindincamden.org.uk)

Camden: Mind in Camden Women's Hearing Voices Group (Swiss Cottage, Fridays), Contact: Ksenija (020 7625 9042, kkadic@mindincamden.org.uk)

Deptford: Deptford Hearing Voices Service: John Robinson Telephone: 07966391211 Website: www.dhvs.freeuk.com (facilitates a number of groups, including weekends)

Hackney: Homerton Friends Lodge Hearing Voices Group. Stacey Cowen Turner & Peter Reynolds. Tel: 0208 985 0221, Email: stacey.cowenturner@cityandhackneymind.org.uk

Hackney: Lee House Hearing Voices Group. Rachael Bailey / Laurie Grandi / Yumi Onishi, Tel: 020 7275 9100, Email: Rachael.Bailey@hackney.gov.uk

Haringay: Claringdon Centre, Teressa Hays: Telephone 0208 489 4860

Havering: Rainham Mind Hearing Voices Group. Contact: Sue Cornell or Jenny Forsey, Tel: 01708 554471, Email: havmindhq@hotmail.com

Hillingdon: The Pembroke Centre, Contact: Grace St John Alomenu / Pamela Yates, Tel: 01895 622 424

Islington: Ashley Road Hearing Voices Group. Contact: Pat O'Driscoll, Tel: 0207 272 6936 / 0207 5615289 / 0207 272 6797 Email: pat.odriscoll@islingtonmind.org.uk

South Islington: Caroline Franks, Tel: 0207 5304400

Newham: Contact: Barney Williams / Alessandra Deacutis: Telephone: 0207 055 4400, Open to inpatients of Newham Centre for Mental Health

Newham: Liz Casey / Jim Taylor: Tel: 0208 221 7600

Redbridge: Redbridge Hearing Voices Group (Redbridge Resource Centre), Contact: Sharad Ranavaya, Tel: 020 8708 5112

Sutton: Sutton Mental Health Foundation supports 4 groups (Sutton, Cheam, Belmont & Jasper Ward (Sutton Hospital). Contact Angelina Cosgrove for more details: 0208 770 0172 or 07526 781041

Southwark: Southwark Hearing Voices Group (Tuesdays), Contact: info@southwarkmind.org.uk

Tower Hamlets: Hearing Voices Group @ BESIDE. Contact: Afroza Ali, Tel: 0208 980 9787, Email: afroza.beside@btconnect.com

Waltham Forest: Victoria Messengbird / Hannah Schwartzman: Tel: 020 8521 2975

Wandsworth: FWA Hearing Voices Group (Battersea). Tel: 0207 350 2231, Email: battersea@fwaprojects.org.uk

Wandsworth: Central Wandsworth Hearing Voices Group, Tel: 020 8874 6787, Email: hildenhouse@together-uk.org

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South West

Cornwall:

Bodmin: Jayne Ritchie/ Claire Hinton, Tel: 079180 36072 or 07970

Cornwall HVN: (North) Jain Ritchie, Tel:01208 815676, Tel:01566 86293 / 07807813996, Email: jainritchie@aol.com

Newquay: Fiona Chisholm / Jayne Howard, Tel: 01637 871063

Devon:

Exeter – South West Network: The Bridge Collective, Telephone: 01394 33358 Email; bridgecollective@hotmail.co.uk

Honiton: The Haven: Andrew Barkla, Tel: 01404 42343 / 01404 42548

Bristol:

Bristol: Glenn or Tim, Telephone: 0117 973 5142 or 07912 624 296 Email: tim.Dowling@awp.nhs.uk

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Wales

Carmarthenshire: Nyfed Griffiths, Telephone: 01239 841823

Pembrokeshire HVG: Hywel Davies/Ann Hollowell, Telephone: 01646 692535/01437 760026

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Scotland

HVN Edinburgh: Shona Ferguson: 0131 537 6256, George Watson, Barbara Braner or Christine Hislop: 0131 5378650

Glasgow: Tel: 07806478574 Email: hvngvoices@yahoo.com

Lerwick - Shetland Echo's: Anne Burke, Tel: 01595 694787